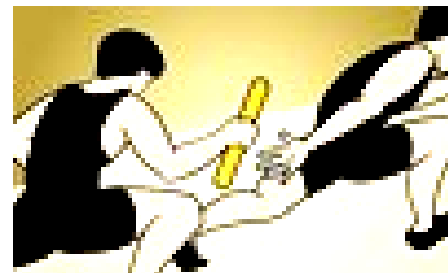


# KLAVA



## F R I E N D S H I P   ♦   O P E N   ♦   R E L A Y

Organizer : Kuala Lumpur Association of Veteran Athletes (**KLAVA**)  
Date : 30 September 2007 (Sunday)  
Venue : Taman Metropolitan Kepong, Kuala Lumpur  
Time : 7.30am

### Introduction

This event is organized by the *Sub-Committee Members (Road Races/Relay)* of Kuala Lumpur Association of Veteran Athletes (**KLAVA**) to cater for both competitive as well as fun runners. While the elite runners may challenge for the top placing (Position medals awarded), the others may take it as a fun outing since medals will be awarded to all participants who completed the relay. So everyone come home a winner! This event is unique in several ways. Throughout the years, almost all the road running events held in Malaysia are for individual and as such are without the thrill of partnership and teamwork (ask those who took part in events like Penang Round the Houses or Round The Island, Kuala Selangor and Raub Relay).

Most of the road running events offers limited finishing medals, usually 20<sup>th</sup> to 100<sup>th</sup> placing only. These are beyond the reach of the average normal runners. Some events award finisher medals but charges quite expensive entry fees. Although they may provide quality tee-shirt (and some food) but some runners may not want those goodies/frills as they already have too many or are unable to stomach any food immediately after a run. Furthermore, usually beyond the 5<sup>th</sup> placing, the rest of them receive the same identical medal irrespective whether one is 6<sup>th</sup> or 1,000<sup>th</sup> placing! Therefore your best effort is not accorded due recognition! Ever wonder who are the ones who made an event successful? They are the regular; average and casual runners, not the prize winners that form the majority who can count on to support a so called true road running event.

This event is organized by fellow runners who understand what the majority of runners want!

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Name  Sex

Address

NRIC / Passport No  Date of Birth

Email  Age

Contact No  Hse  O  H/p

Name of Team

**RULES & REGULATIONS**

*Age Qualification* - 12 years and above as at 1 September 2007. However, Parental/Guardian consent is needed for participants who are under 18 years.

*Category* – This is an OPEN RELAY.

*Entry Fees* – RM 15 per participant

*Participation* - Confirmation of participation is upon receiving payment of fees (required to order the medals). For those who are interested to participate but unable to form a team of 3 persons, the Organizer will try to assist to pair them up with others without a team on a first come first serve basis. However, the Organizer reserves the rights to alter/reject any team (without giving any reason).

*Total per team* – 3 runners

*Distance* – 3.6 km X 3

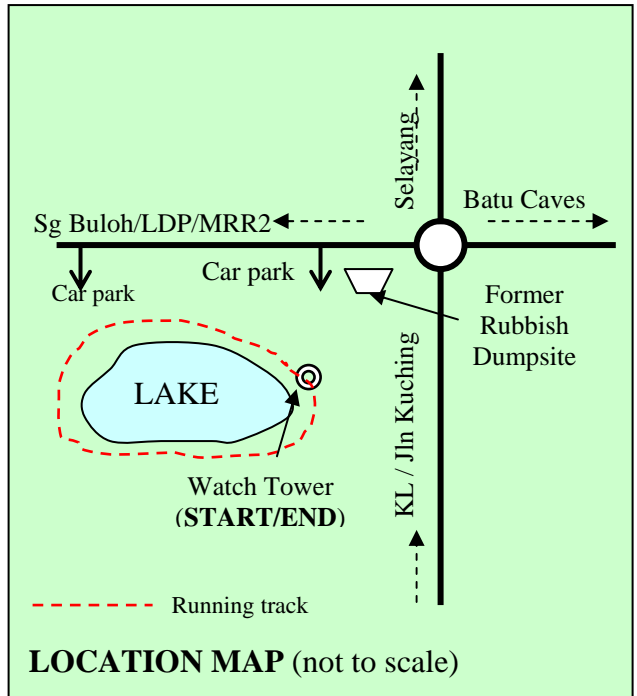
*Terrain* – Undulating on synthetic track and part tarmac road

*Award* – POSITION medals will be awarded to all participants who completed the relay

*Closing Date* – 26 September 2007 or when achieved quota of 20 teams, which ever comes first.

*Dispute* – All protest should be referred to the Organizer within 15 minutes of the official announcement on the conclusion of the race. The decision from the Organizer is final and conclusive.

For more info or registration, please call – Eddy (013 – 366 8932, Peter (019 – 339 2393)  
Naidu ( 012 – 292 8459) or Julie (016 – 228 4088)



**Waiver Clause**

I do hereby declare that I am fully aware and wish to participate at my own risk and shall not hold the organizers responsible for any mishap before, during and after the event resulting in injury or death however caused before, during and after the event.

Signature

Date

Signature of parent/guardian of participants under 18 years old

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NAME  
NRIC No  
Date

For office use